

new  
edition

NEW EDITION — completely revised and updated

## A Book for Midwives

### Care for pregnancy, birth, and women's health

With their unique combination of skill, patience, and accessibility, midwives are essential to the worldwide struggle for maternal and child health. Appropriate information and training empowers midwives to provide the care necessary to reduce the dangers women face from childbirth. To help midwives and anyone who cares for women in labor and birth, *A Book For Midwives* has been fully revised and expanded — with the participation of dozens of community-based midwives, midwifery trainers, and medical specialists.

Simply written, heavily illustrated, and equally useful in a rural village or an urban clinic, as a training manual for students or reference for an experienced midwife, *A Book For Midwives* covers:

- helping women stay healthy during pregnancy
- preventing infection
- helping mothers have safer labors and births
- preventing, managing, and treating obstetric emergencies
- breastfeeding
- the health needs of new babies
- HIV/AIDS in pregnancy and birth
- involving the community in improving the health of mothers and pregnant women

*The Hesperian Foundation has again created a clearly written and culturally sensitive book [for] healthcare providers throughout the world... an excellent resource providing accurate technical information.*

—Kathy Herschderfer, Secretary General, International Confederation of Midwives



New chapters on reproductive health include:

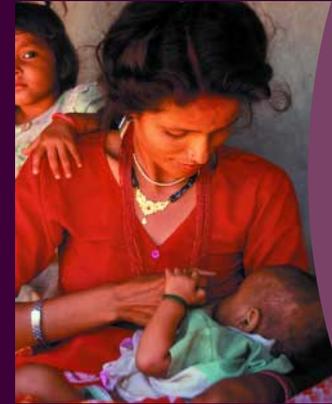
- pelvic exams, with information on testing for STIs and cancer of the cervix
- family planning counseling
- IUD insertion and removal
- helping a woman when a pregnancy ends early
- manual vacuum aspiration

*Comprehensive...beautifully written and illustrated...our best tool so far for preventing unnecessary deaths.*

—Ina May Gaskin, author of *Spiritual Midwifery*

## A Book for Midwives

Care for pregnancy, birth, and women's health



Susan Klein  
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Hesperian Foundation  
publisher of *Where There Is No Doctor*



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